



Dear Parent/Guardian:

Our school would like to offer students the opportunity to drink milk at lunch. If there is enough parent interest, milk will be available for purchase during the lunch hour and students will have the opportunity to participate in the School Milk Program.

WHY MILK?

When it comes to quenching thirst, water is a great choice! However with a meal, including milk provides your growing student with energy and nutrition to fuel their potential. Unlike other beverages, both white and chocolate milk are an excellent source of 16 essential nutrients including protein, calcium, and vitamin D.

WHAT IS THE SCHOOL MILK PROGRAM?

The School Milk Program makes the healthy habit of drinking milk at school both fun and rewarding. Any student who drinks milk during lunch hour can win cool milk rewards.

WHAT IS YOUR ROLE?

Milk drinking and healthy eating start at home and now can continue at school. The school would like to assess parent interest in having milk available for purchase at lunch. If milk is made available at the school, please tell us if you will purchase milk for your child's lunch. To purchase milk at school, your son or daughter will need approximately \$_____ .

Sincerely,

School Milk Coordinator

Principal

School Milk Program Survey:

_____ **Yes**, I would purchase milk for my child's lunch at school.

_____ **No**, thank you I am not interested at this time.



Please return this anonymous survey to the school by: _____