

Distributing Milk in your school



Here are a few ideas for distributing milk at your school based on how your school hosts lunch hour:

One main lunchroom

- Invite students to pick up milk from a milk station, table, or fridge monitored by an adult or student volunteer(s) collecting milk tickets, checking off milk cards, or collecting milk money. Students can pick up milk as they arrive for lunch or when called by grade or table.
- Have volunteers use [class lists](#) to gather milk. Bring milk to class tables using any of the options to **carry and deliver milk cartons** (see below).

Lunch in multiple classrooms

- Have student volunteers gather milk cartons, using [class lists](#), from the fridge and carry milk to the lunchrooms or classrooms for distribution.

Carrying and delivering milk cartons-

- Square dishpans are easy to carry and clean up. They can be found at most dollar stores.
- Reusable cloth grocery bags. They're light, durable and usually washing machine safe.
- Cooler bags.
- Small-medium plastic or rubber bins.
- A trolley, cart or cooler on wheels are helpful when deliver milk from classroom to classroom.

*Always remember to return un-opened milk to the fridge as soon as possible! Do not let it sit out over the entire lunch hour as time spent outside of the fridge increases the risk for spoilage.

- Invite students to pick up milk from a milk station, the office or milk fridge monitored by an adult or student volunteer(s) collecting milk tickets, checking off milk cards, or collecting milk money.

Lunch in a cafeteria/canteen

- Include milk in lunch specials
- If using a glass refrigerated cooler, display milk on a shelf at eye level
- If using a regular fridge, consider attaching a School Milk Program poster to the front of the door.